

WEDNESDAY 27 NOVEMBER 2019: DAY 1

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|-------------------------|---|---|---|--|---|
| 7:45am - 8:45am | Mindfulness Session | | | | |
| <i>Room</i> | <i>Bayside Room 4A, Level 2</i> | | | | |
| 8:00am - 7:30pm | Registration and Information Desk Open Level 17 Lounge | | | | |
| 8:00am - 5:00pm | Poster Viewing 1 <i>Room: Plenary Room, Level 17</i> | | | | |
| 8:50am-10:30am | Conference Opening and Plenary | | | | |
| <i>Room</i> | <i>Plenary Room, Level 17</i> | | | | |
| 8:50am - 9:30am | Official Conference Opening | | | | |
| 8:50am - 8:55am | Welcome to Country | | | | |
| 8:55am - 9:05am | Conference Opening Convenors: Kelly Allott & Nicholas Van Dam | | | | |
| 9:05am - 9:15am | Conference Opening Address SMHR President: Frances Kay-Lambkin | | | | |
| 9:15am - 10:45am | Plenary Session 1 | | | | |
| <i>Chair</i> | <i>Rachel Hill</i> | | | | |
| 9:15am - 10:00am | From Neurotoxicity to Vulnerability : A Developmental Perspective of the Effects of Stress on the Brain Sonia Lupien | | | | |
| 10:00am - 10:45am | <i>"Its in the eye of beholder": Improving our understanding of Body Dysmorphic Disorder</i> Susan Rossell | | | | |
| 10:45am -11:15am | Morning Tea <i>Room: Level 17 Lounge and Level 2 Foyer</i> | | | | |
| 11:15am - 12:45pm | Concurrent Session 1A | Concurrent Session 1B | Concurrent Session 1C | Concurrent Session 1D | Concurrent Session 1E |
| <i>Room</i> | <i>Plenary Room, Level 17</i> | <i>Bayside Room 5, Level 2</i> | <i>Bayside Room 6, Level 2</i> | <i>Bourke Room 1, Level 2</i> | <i>Bourke Room 2, Level 2</i> |
| <i>Theme</i> | <i>Suicide Prevention</i> | <i>Neuroimaging of Mood & Anxiety</i> | <i>Physical & Mental Health</i> | <i>Cognition & Mental Health</i> | <i>Diversity in Digital Mental Health</i> |
| <i>Chair</i> | <i>Jane Pirkis</i> | <i>Christopher Davey</i> | <i>Michaela Pascoe & Justine Wilkinson</i> | <i>Kelly Allott</i> | <i>Louise Thornton</i> |
| 11:15 - 11:27am | Impact in suicide prevention through policy and media Jane Pirkis, Gregory Armstrong, Mark Larsen, Nicola Chen, Kylie King & Yael Perry | Brain imaging models of mood and anxiety disorders: Advancing our understanding of psychopathology and response to treatment Christopher Davey, Micah Cearns, Daniel Hermens, Mayuresh Korgaonkar & Divyangana Rakesh | Obstructive Sleep Apnoea in people with Schizophrenia: Improving current screening tools Megan Kalucy | Genetic and environmental influences on specific cognitive functions measured by CANTAB and associations with schizophrenia spectrum disorders: A nation-wide twin study Cecilie Lemvigh | Development, Delivery and Dissemination of remote and digital mental health treatment Louise Thornton, Stoyan Stoyanov, David Kavanagh, Heidi Sturk & Frances Kay-Lambkin |
| 11:27 - 11:39am | | | Physical activity interventions in youth mental health Alexandra Parker | Validation of cross-diagnostic cognitive subgroups on the schizophrenia-bipolar spectrum James Karantonis | |
| 11:39 - 11:51am | | | Mood disorders and antidepressant use are associated with trabecular bone score in women Kara Anderson | Anti-oxidants, neurodegeneration and cognitive decline Nicolas Cherbuin | |
| 11:51 - 12:03am | | | Research to practice: Implementation of community-based lifestyle interventions to promote adoption and maintenance of physical activity in adults with mental illness Justin Chapman | Eating a Western-style diet can rapidly impair memory function Heather Francis | |
| 12:03 - 12:15am | | | Physical activity patterns of Australians with lived experience of mental illness Robert Stanton | Clinical, Neuropsychological and Functional Outcomes in Young Adulthood for Young People who have reported Psychotic Experiences Eleanor Carey | |

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| 12:15 - 12:27am | The BestPrAxIS study: Developing best practice guidelines for psychosocial assessment of Aboriginal and Torres Strait Islander people presenting to hospital with self-harm and suicidal thoughts Bernard Leckning | Aberrant structural covariance networks in youth at high familial risk for mood disorder Stephen Wood | Childhood depression and the developmental origins of cardiovascular disease risk Lisa Olive | Healthy Mind: Feasibility, acceptability and trial design for a first-of-kind e-mental health tool for adults with intellectual disability Peter Baldwin | Mental health services in the wild: online help-seeking in the Australian Defence Force Helen Benassi |
| 12:27 - 12:39am | Developing safe ways to talk about suicide on social media: The #chatsafe project Jo Robinson | Effective connectivity alterations in young people with depression during the processing of emotional faces Alec Jamieson | Reducing Metabolic Syndrome in Australian patients: Metabolic Management During Antipsychotic Prescribing (MMAP) Program David Castle | Peripheral C4 levels are associated with poorer cognitive function in patients with established psychotic illness Scott Richard Clark | Aboriginal and Islander Mental Health Initiative for Youth (AIMhi-Y) App Development: Results and Process Evaluation of Formative Phases Josie Povey & Robert Mills |
| 12:45pm - 1:45pm | Early to Mid Career Researcher Lunch <i>Room: Bayside 4A, Level 2</i> | | | | |
| 12:45pm - 1:45pm | Lunch <i>Room: Level 17 Lounge and Level 2 Foyer</i> | | | | |
| 1:45pm - 3:15pm | Plenary Session 2 | | | | |
| Room | Level 17 | | | | |
| Chair | Roger Mulder | | | | |
| 1:45pm - 3:15pm | Models of Psychopathology Panel Bruce Cuthbert, Patrick McGorry & Melissa Green | | | | |
| 3:15pm - 3:45pm | Afternoon Tea <i>Room: Level 17 Lounge and Level 2 Foyer</i> | | | | |
| 3:45pm - 5:00pm | Concurrent Session 2A | Concurrent Session 2B | Concurrent Session 2C | Concurrent Session 2D | Concurrent Session 2E |
| Room | Plenary Room, Level 17 | Bayside Room 5, Level 2 | Bayside Room 6, Level 2 | Bourke Room 1, Level 2 | Bourke Room 2, Level 2 |
| Theme | Workforce Development | Mental Health in Primary Care | Digital Mental Health | Assessment and Modelling of Psychopathology | Anxiety & Depression |
| Chair | Louise Byrne | Victoria Palmer | Kelly Allott | Melissa Green | Nicholas Van Dam |
| 3:45 - 3:57pm | Lived experience workforce development: factors for success, impacts and ongoing considerations Louise Byrne, Ying Wang & Helena Roennfeldt | Informed, targeted and collaborative: mental health research and its potential to shape the primary care of the future Victoria Palmer, Amy Coe, Kali Godbee & Kylie McKenzie | Engagement profiles of iTreAD participants, a randomised controlled trial to test the relative effectiveness of online treatment and social networking to improve binge-drinking and low mood in young Australians Samineh Sanatkar | Developmental schizotypy in the general population Melissa Green | Higher affective empathy is associated with higher internalising symptoms in ten-year-old children Kate Bray |
| 3:57 - 4:09pm | | | Social Anxiety in Young People With First-Episode Psychosis: Pilot Study of the EMBRACE Moderated Online Social Intervention Carla McEnery | Rater bias and heritability of oppositional defiant disorder Katrina Grasby | Understanding anxiety and autism symptoms in adults on the spectrum – the crucial role of intolerance of uncertainty Jane Hwang |
| 4:09 - 4:21pm | | | Investigating the wellbeing and help-seeking intentions of users of an AFL-themed app incorporating video game elements and psychoeducation (MindMax) Vanessa Wan Sze Cheng | Depressive psychopathology in first episode schizophrenia spectrum disorders: a systematic review, meta-analysis, and meta-regression Sarah Herniman | Self-other referential processing impairments in social anxiety disorder Laura Finlayson-Short |
| 4:21 - 4:33pm | | | Evaluating a relationships-focused mobile phone application for teens' mental health: A Pilot Randomised Controlled Trial Melinda Achilles | Trajectories of mental health difficulties in young people who are attracted to the same gender; a systematic review Dylan Gilbey | The role of sleep disturbance in the treatment of depression in young people Orli Schwartz |
| 4:33 - 4:45pm | | | "Tell us about your selfie": A qualitative study of social media, selfies and body image in teenagers Gemma Sharp | Confirming the psychometric properties of the PANSS-6 Anthony Harris | Neural circuits underlying Treatment-Resistant Depression Ana Rita Barreiros |
| 4:45 - 4:57pm | The BEAM project: Evaluating a mental health training program for secondary school Year Advisors Belinda Parker | How individuals with complex health needs frame and seek help for mental versus physical health concerns Jennifer Nicholas | Effectiveness of the Therapist-assisted Online Parenting Strategies (TOPS) program for parents with an anxious or depressed adolescent: Preliminary results Catherine Fulgoni | A symptom-level approach to analysing the empirical structure of psychopathology Miriam Forbes | Antidepressant Side Effects and Their Association with Treatment Outcome in People with Major Depressive Disorder: Converging Evidence from the iSPOT-D and STAR*D Trials Taylor Braund |
| 5:00pm - 5:30pm | SMHR Annual General Meeting - Plenary Room, Level 17 | | | | |
| 5:30pm - 7:30pm | Welcome Reception, Level 17 Lounge and Terrace | | | | |

THURSDAY 28 NOVEMBER 2019: DAY 2

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|------------------------|--|--|--|---|--|---|--|--|--|---|--|
| 7:45am - 8:45am | | | | | | Mindfulness Session | | | | | |
| <i>Room</i> | | | | | | <i>Bayside Room 4A, Level 2</i> | | | | | |
| 8:00am - 5:00pm | | | | | | Registration and Information Desk Open Level 17 Lounge | | | | | |
| 8:00am - 5:00pm | | | | | | Poster Viewing 2 <i>Room: Plenary Room, Level 17</i> | | | | | |
| 9:00am - 10:30am | | | | | | Plenary Session 3 | | | | | |
| <i>Room</i> | | | | | | <i>Plenary Room, Level 17</i> | | | | | |
| <i>Chair</i> | | | | | | <i>Murat Yucel & Frances Kay-Lambkin</i> | | | | | |
| 9:00am - 9:45am | | | | | | Changing conversations about the understanding, diagnosis, treatment, and prevention of mental illness Bruce Cuthbert | | | | | |
| 9:45am - 10:30am | | | | | | SMHR Rotary Health Award, SMHR Founders Medal, Rising Star Award, Early Career Scholar Award and Centre for Mental Health Research Lived Experience Research Medal | | | | | |
| 10:30am - 11:00am | | | | | | Morning Tea <i>Room: Level 17 Lounge and Level 2 Foyer</i> | | | | | |
| 11:00am - 12:30pm | | Concurrent Session 3A | | Concurrent Session 3B | | Concurrent Session 3C | | Concurrent Session 3D | | Concurrent Session 3E | |
| <i>Room</i> | | <i>Plenary Room, Level 17</i> | | <i>Bayside Room 5, Level 2</i> | | <i>Bayside Room 6, Level 2</i> | | <i>Bourke Room 1, Level 2</i> | | <i>Bourke Room 2, Level 2</i> | |
| <i>Theme</i> | | <i>Mental Health in Development & Ageing</i> | | <i>Mental Health Systems</i> | | <i>Understanding Suicide in Australia</i> | | <i>Mental Health in the Workplace</i> | | <i>Mental Health Economics</i> | |
| <i>Chair</i> | | <i>Sarah Whittle</i> | | <i>Melissa Mulraney & Helena Roennfeldt</i> | | <i>Alison Calear</i> | | <i>Peter Butterworth</i> | | <i>Cathy Mihalopoulos</i> | |
| 11:00 - 11:12am | | Adversity and mental health across development: Neurobiological mechanisms, resilience, and population findings Sarah Whittle, Justine Gatt, Sonia Lupien, Melissa Green & Elena Pozzi | | Towards an equitable, evidence-based mental healthcare system for Australian children Melissa Mulraney, Harriet Hiscock & Jemimah Ride | | Risk factors associated with suicide following hospitalisation for intentional self-harm and/or suicidal ideation in the Northern Territory Bernard Leckning | | The effects of a workplace mindfulness training program delivered via smart-phone application with and without supporting classes Larissa Bartlett | | Insights into youth mental health from an economic perspective: costs and benefits Cathy Mihalopoulos, Lidia Engel, Long Khanh-Dao Le, Matthew Hamilton & Mary Lou Chatterton | |
| 11:12 - 11:24am | | | | | | Young people informing suicide prevention in Western Australia Jacinta Freeman | | The relationship between day-time stress and blunted heart rate: an ecological momentary assessment study of Australian workers Adrienne O'Neil | | | |
| 11:24 - 11:36am | | | | | | Personality factors associated with suicidal ideation, plans and attempts in adolescents Sonia McCallum | | Mental health and wellbeing in Australian creative, media and marketing industries Ross Tynan | | | |
| 11:36 - 11:48am | | | | | | Evaluating HOPE: Consumer outcomes and experiences of receiving aftercare post-suicide attempt Angela Wright | | Cumulative impact of poor quality job on midlife common mental disorder: a prospective cohort study Lay San Too | | | |
| 11:48am - 12:00pm | | | | | | A descriptive study of suicide deaths in Tasmanian rural communities from 2010 to 2016 Sophun Moch | | The Longitudinal Australian Defence Force (ADF) Study Evaluating Resilience: A Summary of the key findings and themes from a ten year research program evaluating resilience in early military career Carolina Casetta | | | |
| 12:00 - 12:12pm | | Raloxifene recovers sex-specific effects of prenatal immune activation on gamma oscillations, spatial memory and cognitive flexibility Rachel Hill | | The mental health of adolescents detained under the youth justice system: A global scoping review Emilia Janca | | Developing a surveillance system for emergency department presentations for self-harm in Victoria Jo Robinson | | A skills-based intervention for trauma for military, veterans, police, and first responder personnel: The importance of emotional regulation and interpersonal relationships Jonathan Lane | | Rates and costs of physical and mental health hospitalisations in the first 13-years of life among children in the NSW-CDS, by engagement with Child Protection Services Amanda Neil | |
| 12:12 - 12:24pm | | Affective control in mental health across the lifespan Susanne Schweizer | | A qualitative study of trainee psychiatrist's perspectives and experiences regarding translation of communication skills into clinical practice Philippa Ditton-Phare | | Relationships Between Different Forms of Social Support and Suicidality in Young People with Depression Carl Moller | | Addressing mental health and substance misuse problems in Sexual Assault Referral Centres (SARCs): a systematic review and national survey Elizabeth Hughes | | Investigating the cost-effectiveness of two mental health interventions to prevent suicide and major depression across 20 countries in the WHO Global NCD Action Plan 2013-2020 Yong Yi Lee | |
| 12:30pm - 1:30pm | | | | | | Meet and Greet Session for SMHR Project Pitch <i>Room: Bayside 4A, Level 2</i> | | | | | |

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| 12:30pm - 1:30pm | Lunch Room: Level 17 Lounge and Level 2 Foyer | | | | | |
| 1:30pm - 3:00pm | Plenary Session 4 | | | | | |
| Room | Plenary Room, Level 17 | | | | | |
| Chair | Henry Jackson | | | | | |
| 1:30pm - 2:15pm | Should we invest in mental health treatment, prevention or both: A view from health economics. Cathy Mihalopoulos | | | | | |
| 2:15pm - 3:00pm | The development of the ICD 11 classification of personality disorders: An amalgam of science, pragmatism and politics Roger Mulder | | | | | |
| 3:00pm - 3:30pm | Afternoon Tea Room: Level 17 Lounge and Level 2 Foyer | | | | | |
| 3:30pm - 5:00pm | Concurrent Session 4A | Concurrent Session 4B | Concurrent Session 4C | Concurrent Session 4D | Concurrent Session 4E | |
| Room | Plenary Room, Level 17 | Bayside Room 5, Level 2 | Bayside Room 6, Level 2 | Bourke Room 1, Level 2 | Bourke Room 2, Level 2 | |
| Theme | Gender, Suicide and Mental Health | Alternative & Complimentary Treatments | Understanding Psychosis | Advances in Biomedical Therapy | Population Mental Health | |
| Chair | Zac Seidler | Olivia Dean | Caroline Gurvich | Daniel Hermens | Long Le | |
| 3:30 - 3:42pm | Coping methods of trans and gender diverse young people during suicidal crisis Penelope Strauss | Novel approaches to treat psychiatric disorders Melanie Ashton, Nicole Galvão-Coelho, Murat Yucel, Jerome Sarris & Dan Siskind | Outcome of migrants with a first episode of psychosis: Results from a systematic review and large cohort study Brian O'Donoghue | Neuro-cardiac-guided TMS: Targeting the brain-heart connection to personalise and optimise rTMS treatment for depression Manreena Kaur | Mental health problems and internet access: Results from an Australian national household survey Peter Butterworth | |
| 3:42 - 3:54pm | The Mental Images of Suicide at Orygen (MISO) study: Investigating suicidal flashforwards in young people Magdalene de Rozario | | The Cannabidiol Early Psychosis Project: a randomised placebo controlled trial of cannabidiol for ultra high risk of psychosis patients G. Paul Amminger | Incidence and characteristics of the nocebo response from meta-analyses of the placebo arms of clinical trials Seetal Dodd | The global epidemiology and disability of autism spectrum disorder: Findings from the Global Burden of Disease Study 2017 Damian Santomauro | |
| 3:54 - 4:06pm | | | Determining the cause of auditory-verbal hallucinations with a EEG-based marker of inner speech integrity Thomas Whitford | Deep brain stimulation and changes in personality, identity and relationships: patient, caregiver and clinician perspectives Cassandra Thomson | Comparing the wellbeing of a middle-aged Australian cohort with other national surveys: Towards providing a complete picture of mental wellness Richard Burns | |
| 4:06 - 4:18pm | New directions in men's mental health: International perspectives and responses to the diverse mental health challenges facing men across the life course Zac Seidler, Simon Rice, Kylie King, Marisa Schlichthorst & John Olliffe | | Autoantibody Profiling of Schizophrenia and affective psychoses in the Australian National Survey of High Impact Psychosis (SHIP) Oliver Schubert | Antidepressant-like effects of ketamine in a rodent model of tricyclic antidepressant-resistance: Insulin-mediated mTOR signalling as a potential biological correlate Adam Walker | Non-fatal overdose after release from prison a prospective data linkage study Claire Keen | |
| 4:18 - 4:30pm | <i>This symposium is in honour of our friend and colleague Associate Professor Allison Milner, a brilliant thought leader in the men's mental health field, who died in a tragic accident earlier this year</i> | | Oxytocin receptor polymorphisms are associated with risk for schizophrenia spectrum disorders and cortical volume Cali Bartholomeusz | Differentiating the effect of medication and illness on grey matter volume in first-episode psychosis: a longitudinal, randomised, triple-blind, placebo-controlled MRI study Sidhant Chopra | Epigenome-Wide Association Study (EWAS) of young people with familial risk of bipolar disorder Sonia Hesam-Shariati | |
| 4:30 - 4:42pm | | | Development, optimisation and feasibility of an online dietary intervention for improvement of depressive symptoms: The My Food and Mood Project Claire Young | Rates and predictors of relapse in first episode psychosis: An Australian cohort study Ellie Brown | Efficacy of lurasidone in antipsychotic-naïve vs. previously treated adolescents with schizophrenia: post-hoc analysis of a two year, open-label study David Coghill | The global burden of anxiety disorders: findings from the Global Burden of Disease Study 2017 Ana Mantilla Herrera |
| 4:42 - 4:54pm | | | The Cannabidiol Youth Anxiety Pilot Study (CAPS): a 12-week open label pilot trial of cannabidiol for anxiety disorders Maximus Berger | Cost-effectiveness of rTMS as add-on therapy to standard care for the treatment of hallucinations in schizophrenia Mary Lou Chatterton | The Role of Personality Disorder in Randomised Controlled Trials of Pharmacological Interventions for Adults with Mood Disorders: A Systematic Review and Meta-Analysis Bianca Kavanagh | The association of antihypertensive use and depressive symptoms in a large older population with hypertension living in Australia and the United States: A cross-sectional study Bruno Agustini |
| 5:00pm | Tribute to Allison Milner Tania King | | | | | |
| 7:00pm - 11:00pm | Networking Dinner: Plus 5, South Wharf | | | | | |

FRIDAY 29 NOVEMBER 2019: DAY 3

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|--------------------------|---|--|--|--|---|
| 7:45am - 8:45am | Mindfulness Session | | | | |
| Room | Bayside Room 4A, Level 2 | | | | |
| 8:30am - 5:00pm | Registration and Information Desk Open Level 17 Lounge | | | | |
| 8:00am - 5:00pm | Poster Viewing 3 Room: Plenary Room, Level 17 | | | | |
| 9:00am - 10:30am | Plenary Session 5 | | | | |
| Room | Plenary Room, Level 17 | | | | |
| Chair | Frances Kay-Lambkin & Kelly Allott | | | | |
| 9:00am - 9:45am | SMHR Oration | | | | |
| 9:45am - 10:30am | SMHR Grants Project Pitch Session with live voting | | | | |
| 10:30am - 11:00am | Morning Tea Room: Level 17 Lounge and Level 2 Foyer | | | | |
| 11:00am - 12:30pm | Concurrent Session 5A | Concurrent Session 5B | Concurrent Session 5C | Concurrent Session 5D | Concurrent Session 5E |
| Room | Plenary Room, Level 17 | Bayside Room 5, Level 2 | Bayside Room 6, Level 2 | Bourke Room 1, Level 2 | Bourke Room 2, Level 2 |
| Theme | Ice in Australia | Novel Approaches to Compulsivity | Youth Mental Health | Advances in Psychosocial Therapy | Psychopathology & The Brain |
| Chair | Maarten Van Den Buuse | Lucy Albertella, Murat Yucel | Megan Kalucy | Simon Rice | Ben Harrison |
| 11:00 - 11:12am | Ice in Australia Maarten Van Den Buuse, Amelia De Campo, Shalini Arunogiri, Olivia Dean, Frances Kay-Lambkin & Jennifer Cornish | Compulsivity: New approaches and methods Lucy Albertella, Poppy Watson, Lauren Den Ouden, Mike Le Pelley, Leonardo Fontenelle & Rico Lee | Underlying causes of psychological distress in young women: Findings from focus groups with young people, parents, teachers and clinicians Alyssa Morse | Trauma-Focused Cognitive Behavioural Therapy (TF-CBT) for young people who experience interpersonal trauma Wilma Peters | Task-evoked effective connectivity in the dorsal and ventral attention networks and its relationship to attentional impairment in children with ADHD Kristi Griffiths |
| 11:12 - 11:24am | | | Implementing technology-enabled solutions in regional youth mental health services: barriers, challenges, levers and opportunities Tanya Jackson | Exposure Therapy in a Virtual Environment: Development and Validation Findings Alison Cullen | Effective connectivity of frontostriatal systems in first-episode psychosis Kristina Sabaroedin |
| 11:24 - 11:36am | | | Short-term trajectories of functional outcome among young people receiving mental health care Frank Iorfino | The Inter-Rater Consistency of Clinician Ratings of Posttraumatic Stress Disorder (PTSD) Therapy Content Manoj Thogesan | Clarifying the neural substrates of threat and safety reversal learning in humans Hannah Savage |
| 11:36am - 11:48pm | | | Labour force participation and parenting: is there a mental health penalty? Evidence from seven waves of data from the Longitudinal Study of Australian Children Tania King | Pilot evaluation of a virtual reality (VR) supported mindfulness practice Elizabeth Seabrook | Memory suppression in PTSD is associated with dysfunctional parahippocampal-inferior frontal gyrus coupling Trevor Steward |
| 11:48 - 12:00am | | | Associations between latent 10-year exercise trajectories and health-, mental health-, and vocational outcomes in a large cohort of Australian adolescents and young adults Julie Morgan | Does motivation predict compliance with self-help online treatment for youth anxiety? Arlen Rowe | The risk of prenatal alcohol, tobacco and cannabis use on the developing brain Briana Lees |
| 12:00 - 12:12pm | Investigating the association between childhood trauma, gene polymorphisms and cognition in people with methamphetamine use disorder Alexandre Guerin | Co-design of virtual reality delivered Approach-Avoidance Training for obesity Naomi Kakoschke | Development of a global framework for youth mental health care Eoin Killackey | Project Synergy: co-designing technology-enabled solutions for Australian mental health services reform Hannah Yee | Intrinsic functional connectivity of the default mode and cognitive control networks relate to change in behavioral performance over two years Isabella Breukelaar |
| 12:12 - 12:24pm | What's preventing people seeking help for 'ice' use in Australia and what can Cracks in the Ice do to support those affected by ice? Cath Chapman | Therapeutic Virtual Reality: Implementing the next technological frontier into clinical practice Olivia Chung | Exploring the Use of Advance Statements for Young People with First-Episode Psychosis: Client, clinician, and carer perspectives Magenta Simmons | Using quality improvement methods to improve a social skill intervention for public community mental health consumers Stuart Lee | EEG Profiles of Wellbeing: A Twin Study Miranda Chilver |

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| 12:30pm - 1:30pm | Lunch Room: Level 17 Lounge and Level 2 Foyer Book launch, <i>Clinical Staging in Psychiatry</i> - Patrick D. McGorry, Ian B. Hickie (12:30pm - 12:45pm) | | | | |
| 1:30pm - 3:00pm | Plenary Session 6 | | | | |
| Room | Plenary Room, Level 17 | | | | |
| Chair | Stephen Wood | | | | |
| 1:30pm - 3:00pm | Big Issues in Mental Health Panel Shitij Kapur, Georgie Harman, Michelle Blanchard, Gabby Sheehan | | | | |
| 3:00pm - 3:30pm | Afternoon Tea Room: Level 17 Lounge and Level 2 Foyer | | | | |
| 3:30pm - 4:30pm | Concurrent Session 6A | Concurrent Session 6B | Concurrent Session 6C | Concurrent Session 6D | Concurrent Session 6E |
| Room | Plenary Room, Level 17 | Bayside Room 5, Level 2 | Bayside Room 6, Level 2 | Bourke Room 1, Level 2 | Bourke Room 2, Level 2 |
| Theme | The Million Minds Initiative | EMCRs from ASBDD | Experience with and in Mental Health | Mental Health Services | Risk Prevention |
| Chair | | Olivia Dean | Tom Wood | Fiona Cocker | Scott Clark |
| 3:30 - 3:42pm | The Million Minds Mission showcase Sian McLean, Sonja March, Simon Craig & Sarah Maguire | A showcase of mood-disorder research led by early/mid-career researchers from the Australasian Society for Bipolar and Depressive Disorders (ASBDD) Olivia Dean, Tanya Hanstock, Aswin Ratheesh, Katie Douglas & Lesley Berk | Making lived experience research accessible: Co-creating and testing resources based on evidence Katherine Boydell | A health literacy profile of clients accessing community mental health services Sarah Hosking | Mind your Mate: An online peer intervention to prevent mental health and substance use problems in adolescence Louise Birrell |
| 3:42 - 3:54pm | | | Optimising mental health and well-being for people with aphasia after stroke: Solutions to the evidence-practice gap Caroline Baker | Is stepped-care the right service model for addressing anxiety and depression in youth? Examining the effectiveness of the Smooth Sailing service in NSW secondary schools Mirjana Subotic-Kerry | What do young people want? Discussing wellbeing and substance use prevention with school students. Chloe Conroy |
| 3:54 - 4:06pm | | | Co-designing technology-enabled solutions for mental health service reform for Open Arms – Veterans and Families Counselling Haley LaMonica | Determinants of treatment non-attendance among those referred to the primary mental health care services in Western Sydney, Australia Sithum Munasinghe | The Brain Games Study: Cognitive training for the prevention of psychopathology in at-risk youth Louise Mewton |
| 4:06 - 4:18pm | | | Long Term Recovery of Women from Intimate Partner Violence (IPV) – A Phenomenological Study Mary Carman | Peer-facilitated self-management for people discharged from mental health crisis services: The systematic development, results and future directions of a randomised controlled superiority trial Alyssa Milton | Mining Health and Healthcare Utilization Patterns during Pregnancy to Discover Risk Factors for Postpartum Depression Jyotishman Pathak |
| 4:18 - 4:30pm | | | Adapting a digital serious game to prevent depression in trans and gender diverse young people Yael Perry | A systematic review of trauma-informed care within outpatient and counselling youth health settings: What is it and what should it achieve? Sarah Bendall | Who needs an online parenting program for parents with an anxious or depressed adolescent? Katherine Lawrence |
| 4:30pm - 5:00pm | Conference Close and Awards Presentation | | | | |
| Room | Plenary Room, Level 17 | | | | |